Title: The Many Faces of Sports Physical Therapy
Friday, Feb 17, 2017; 3:00-5:00 PM

Presenters:
Erin Barill, PT, ATC
Director of Rehabilitation
Indianapolis Colts
I am the Director of Rehabilitation for the Indianapolis Colts. I have been in this capacity for the past 12 years. My main responsibilities include development of treatment and rehabilitation programs for our athletes both in season and off-season. I oversee the long term rehab programs in conjunction with the rest of our staff. I also am responsible for deciding when a player can return to participation. I assist in combine preparation and determining the medical risk of potential draft picks.

Bryan Heiderscheit, PT, PhD
Professor
Department of Orthopedics and Rehabilitation
Department of Biomedical Engineering
Director, UW Runners’ Clinic
Director, Badger Athletic Performance Research
Co-director, UW Neuromuscular Biomechanics Lab
University of Wisconsin-Madison
Dr. Heiderscheit’s research is aimed at understanding and enhancing the clinical management of orthopedic conditions, with particular focus on running-related injuries. He is an Editor for the Journal of Orthopaedic and Sports Physical Therapy and serves on the Executive Board of the Sports Physical Therapy Section.

Carol Ferkovic Mack, DPT, PT, SCS, CSCS
CLE PT and Sports Performance
Cleveland, OH
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Kevin McHorse, PT, SCS, Cert. MDT
Physical Therapy Director
Central Texas Pediatric Orthopedics
Austin, Texas

This is a preliminary handout. Full handout will be posted on SPTS website on the CSM handout page on the day of the lecture.
I am in a private pediatric orthopedic group and see only children and young adults with sports and orthopedic conditions. I evaluate and treat patients daily and am responsible for management and operations of the PT/OT program consisting of 4 PT's and one OT spread between 3 locations.

**John Meyer, PT, DPT, OCS, FAFS**
Adjunct Assistant Professor of Clinical Physical Therapy, University of Southern California
Associate Athletic Director of Sports Science and Performance, Department of Athletics, USC
Los Angeles, CA
jmeyer@usc.edu

**Scott Miller, PT, MS, SCS, CSCS**
Partner / Director of Clinical Operations
Board Certified Sports Clinical Specialist
Certified Golf Fitness Instructor - Titleist Performance Institute
Agility Physical Therapy & Sports Performance
I am still treating patients 3-4 days/wk. with emphasis on the endurance athlete (e.g., runners/triathletes/cyclists), including videotaped running gait analysis and bike fitting. The rest of my week is dedicated to administrative tasks for my 3 offices; marketing; new and existing program development; staff mentoring; community outreach; lecturing/teaching at a local, regional and national level.

**Jill Thein-Nissenbaum, PT, DSc, SCS, ATC**
Associate Professor
Department of Orthopedics and Rehabilitation, Doctor of Physical Therapy Program
Staff PT, UW Athletics
Badger Sportsmedicine
University of Wisconsin-Madison
Thein@pt.wisc.edu
I co-teach the orthopedics courses in the in the musculoskeletal track in the DPT Program at the UW-Madison. In addition, I am contracted to Badgers Sports Medicine/UW Athletics, as their PT for ~15 hours/week. I see athletes from all 22 sports, and work very closely with the team LATs and MDs I manage the complicated cases, the post-operative athletes and post-concussion conditions.

**Kevin Wilk, PT, DPT, FAPTA**
Champion Sports Medicine
Birmingham, AL
KWilkpt@hotmail.com
Follow on Instagram: Wilk_kevin

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I have been a physical therapist for over 32 years. I treat patients every day and full time. I treat sports medicine and orthopaedic patients. My patient population is 66% professional athletes and 33% recreational athletes and general population patients. I am a researcher and educator... I teach seminars around the country. I also work as a consultant to the Tampa Bay Rays Baseball team. I have worked with Dr James Andrews for the past 27 years so I have had the opportunity to treat many high level professional athletes... Physical therapy is a wonderful profession!

**Disclosures:** None

**Objectives:**
1. Describe the sports physical therapist and define the practice of sports physical therapy.
2. Describe the different potential roles and environments in which the sports physical therapist may practice.
3. Contrast the different potential paths that new therapists can take to get involved in sports physical therapy.
4. Recall the role of the physical therapist in the multifaceted sports health care team.

**References:**


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