Physically Challenged Athlete SIG Business Meeting

2016-2017 Leadership:
Katie Lucas (Chair) Jennifer Lucarevic (Vice-Chair) Angela Smith (Secretary)
Facebook Administrators: Jenna Bartsokas, Shana Harrington, Anne Hart, and Erik Moen

SIG Mission/Vision
The Physically Challenged Athlete Special Interest Group (SIG), formally known as the Disabled Athlete SIG, was formed by the members of the Sports Physical Therapy section with an interest in working with athletes with physical challenges. A goal of the SIG is to further the knowledge of Sports Physical Therapy members with an interest in the physically challenged athlete, as well as in adaptive sports. The Physically Challenged Athlete brings together individuals with a common interest in working with physically challenged athlete. Through the business meeting at CSM, the web page, Facebook postings, blast e-mails with important events, and bi-annual newsletters, the SIG strives to facilitate the development of ideas for treatment of and athletic activities for individuals no matter what the disability. The SIG works to provide the membership informed as to what is going on in and activities available in the world of adaptive sports programming happening in the US.

2016-2017 Updates

Social Media

SIG Presentations
2015: No APTA presentations
2016: Submitted 6 for CSM and 1 for NEXT
- CSM: “Management of the Physically Challenged Athlete: The Role of the Physical Therapist”
  o Teresa Schuemann, Katie Hickey Lucas, Mark Anderson, Barbara Springer
- NEXT: “Be Healthy! A Guide to Endurance Sports and Recreational Activities for Individuals with Disabilities”
  o Katie Hickey Lucas, Shana Harrington, Erik Moen
2017: Submitted 9 for CSM and 2 to NEXT
- CSM: “Managing the Physically Challenged Athlete Across the Age Continuum”
  o Josh Williams, Teresa Schuemann, Anne Hart, Katie Lucas
- NEXT: “One Size Does Not Fit All: Safe Inclusion of Youth and Adaptive Sports”
  o Julie Granger, Katie Lucas, Christy Zwolski, Durga Shah

Goals for The Coming Year
- Continue to grow Facebook and Twitter Influence
- Start “Sport of the Month”
- Increase SIG applications CSM and NEXT
  o Potential Topics: Fitness, School Involvement, Community Events, Medical Coverage, Safety During Racing Events, Aging Well Despite “Disability”
2017 Goal: To make the Physically Challenged Athlete a SIG for clinicians of all levels and assist in getting and keeping people involved/informed in adaptive sports (Medical, Classification, Officials, Coaches, and Volunteers) by offering “Sport of the Month” information, speaking opportunities for more senior individuals, lectures for more junior individuals, and continuing biannual newsletters.

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<tr>
<th>Month</th>
<th>Sport</th>
<th>Author</th>
<th>Notes</th>
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<tbody>
<tr>
<td>January</td>
<td>Wheelchair Basketball</td>
<td>KL</td>
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<td>February</td>
<td>Sitting Volleyball</td>
<td>JL</td>
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<tr>
<td>March</td>
<td>Wheelchair Rugby</td>
<td>AS</td>
<td>KL, JL, AS</td>
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<td>Winter Newsletter: CSM recap</td>
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<td>April</td>
<td>Football/Soccer</td>
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<td>May</td>
<td>Shooting</td>
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<td>June</td>
<td>Athletics</td>
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<td>July</td>
<td>Archery</td>
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<td>August</td>
<td>Cycling</td>
<td>JL</td>
<td>KL, JL, AS</td>
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<td>Summer Newsletter</td>
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<td>September</td>
<td>Swimming</td>
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<td>October</td>
<td>Sled Hockey</td>
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<td>November</td>
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<td>December</td>
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Changes to CSM Programming for 2018 for SPTS

Background

The conference format for most of our physician colleagues has classically been the platform presentation: A short presentation of research findings followed by open discussion, case study presentation, and expert integration. It is one fluid overlap of science and clinical application that treats the audience as intelligent peers who can think for themselves.

At CSM, research and clinical application have traditionally been in two separate silos – the platforms in one room and the educational sessions in another. At CSM 2016 we introduced the Science Meets Practice (SMP) format in an attempt to bring them together.

**To refresh, SMP format is four platforms, each six minutes in length followed by six minutes of moderator led Q&A. There is then a 30-minute case presentation for the platform presenters to comment upon. This is followed by 45 minutes of point/counterpoint and 15 minutes of “wrapping up”/Q&A.

The two pilot sessions of 2016 were extremely well received by both new professional and seasoned veterans alike.

**Another relevant reminder: Before 2014, SPTS put on eight educational sessions and a handful of platform sessions. 2017 has a total of 29 educational sessions and seven platform sessions scheduled for a total of 36 sessions. We currently put on about 67 platforms each year.

Proposal

First, we remove the designation of “platform session” and “educational session”. We then slot 17 SMP format sessions (68 total platforms on stage). We preserve the Excellence in Research (EIR) session (making it the only remaining dedicated platform session) which brings us to 18 sessions. This leaves 18 slots still available for “old format” educational sessions. Instead of leaning so heavily on the SIG leadership to produce fully formed SMP sessions, we will simply make a call for submissions of 45-minute long point/counterpoint talks in addition to the regular call for proposals. The programming committee will select the top 17 during review (and also select the top 18 “old format” educational sessions at the same time). Section Program Chair and Section Research Chair will then add appropriate moderators and platforms to those 17 sessions selected by the committee.

The total 36 sessions will then be scheduled based on perceived popularity for date, time, and room size. There should be a healthy mix of small, medium, and large rooms for both kinds of sessions.

Potential Concerns

Whenever there is change, there will be those who will be uncomfortable with it. We have identified this into two major concerns: Perceived decreased in individual platform time and perceived loss of educational slots.

**Perceived decreased in individual platform time:** Currently platforms get ten minutes each. Presenters may see the six minutes of solo presentation time to be a decrease, but that is not a fair representation. Each presenter will now share the stage with three other presenters with the guidance/assistance of an expert moderator for a full hour which averages to a total of 15 minutes each.

So that means six minutes each of direct spotlight followed by an average of nine minutes each of integrated dialogue to help show the clinical application of their research. The feeling is that this is the ultimate goal of most researchers – the dissemination of their work into practice – and they will likely be agreeable to this when presented this way.

**Perceived loss of educational slots:** This is very short-sighted as only four years ago the total
number of educational sessions was eight with most SIGs only being allowed to present on a rotating basis every few years. Also, similar to the perceived loss of individual platform time, the reality is an actual increase in slots.

In 2017, there will be only 29 educational sessions. This proposal brings the number up to 35 since now EVERY session (except EIR) has an educational component. It also allows the opportunity for short submissions (point/counterpoint) as well as freeing up more of our small rooms for more “niche” topics.

Some may be concerned that point/counterpoint would only go to the most expert of the experts. With 17 SMP sessions, we would welcome well thought-out discussions from any of our hundreds of previous CSM presenters. This will support the goal of SMP to promote thoughtful dialogue representing our many voices – clinical and our best emerging science, NOT just experts making decrees from “up on high”.