



Hello NYPTA Members!

For the first time ever, five chapters of the APTA (Connecticut, Massachusetts, New Hampshire, New York and Rhode Island) and the American Academy of Sports Physical Therapy are joining forces for an exceptional day and a half of cutting-edge programming and networking at an affordable price. Don't get shut out of this first-time ever event! [**REGISTER TODAY**](#)

2019 NORTHEAST PT SYMPOSIUM

Friday, April 12, 2019 (1/2 day) and Saturday, April 13, 2019 (Full day)

Hartford Hilton
315 Trumbull Street
Hartford, CT
1-800-754-7941

Rooms are available at the Hartford Hilton for a special group price of \$139. Call 1-800-754-7941 and mention Northeast Regional Physical Therapy Summit for the reduced rate.

Exhibitor and Sponsorship Available. [**Register Here**](#)

PROGRAM SCHEDULE

Friday, April 12, 2019
Noon - 5:00 pm

Approximately 5 CEHs

The Psychology of the Athlete: Implications on Evaluation and Treatment: Through the concentrated focus of the concussion crisis, our speakers will discuss challenges

and opportunities for healthcare providers in this space. Join our panel of experts as they talk about the sports scene from youth up to the highest professional ranks.

- Jessica Schwartz, PT, DPT
- Stefania Bell, PT, ESPN
- Richard Westrick, PT, DPT, DSc, OCS, SCS
- Carl Nissen, MD*
- Taylor Twellman, USMNT Soccer/MLS (retired)*

*Invited

Concussion: Silos, Tribes & Where we are in Healthcare

Speaker: Jessica Schwartz, PT, DPT

APTA spokeswoman Jessica Schwartz specializes in the identification, rehabilitation, and healthcare advocacy in concussion management. In 2018 she founded Concussion Corner Podcast in an effort to collaborate with international concussion experts, athletes, and survivors facilitating the conversation of collective competence in healthcare. She has moderated concussion and traumatic brain injury (TBI) events at the 2018 Super Bowl and the world's first International Summit on Female TBI and Concussion in 2016. Schwartz is a member of the American Headache Society, National Strength and Conditioning Association (NSCA), where she holds certification as a certified strength and conditioning specialist, and the American Academy of Orthopaedic Manual Physical Therapists.

Saturday, April 13

7:30 am - 5:00 pm

Both tracks will run concurrently (approximately 8 CEHs)

TRACK 1:

Working with Tactical and Combat Athletes

Speaker: Richard B. Westrick, PT, DPT, DSc, OCS, SCS

Richard is the Special Interest Group Chair for the American Academy of Sports PT. He is also an Associate Professor at the MHG Institute of Health Professions, School of Rehabilitation and Health Sciences. He works as an ORISE Research Fellow at the Military Performance Division, US Army Research Institute of Environmental Medicine. Richard conducts research in Rehabilitation Medicine, Sports Medicine and Physiotherapy. Their most recent publication is "Underreporting of

Musculoskeletal Injuries in the US Army: Findings from an Infantry Brigade Combat Team Survey Study."

TRACK II:

Innovative Stroke and Neurological Rehab Treatment Approaches

Speaker: J.J. Mowder-Tinney, PT, PhD, NCS, C/NDT, CSRS, CEEAA

J.J. received her Bachelor of Science in Psychology from the University of Colorado, Boulder and her Masters of Science in Physical Therapy from University of Miami in Florida. She completed her doctorate in physical therapy at NOVA Southeastern University. She has over 20 years of experience in a multitude of clinical settings with the majority of experience with people with neuromuscular deficits. She is certified as a clinical specialist in Neurologic Physical Therapy by the American Board of Physical Therapy Specialties (ABPTS). She also has extensive training and is certified in Neuro-Developmental Treatment (NDT), earned her Certified Stroke Rehabilitation Specialist (CSRS) from the American Stroke Association, and her Certified Exercise Expert in Aging Adults (CEEAA) from the Academy of Geriatric Physical Therapy. She conducts nationwide seminars on the treatment of patients with neurological deficits, spinal cord injuries, balance challenges, motor learning, and Parkinson's disease.

Connect with NYPTA on Social Media!



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