

Checklist for Clinical Commentary / Current Concepts Review

Clinical Commentary or Current Concepts Review provides insight or description of a musculoskeletal or medical topic related to sports physical therapy or a specific rehab protocol, exercise progression, or related sequencing of interventions that can assist the sports physical therapist returning a patient back to full function. The manuscript should demonstrate how a theoretical principle was used to develop an intervention, examination procedure, administrative/educational process, etc. Fully explain the theory, the implication of the theory for practice, and the development of an intervention or test procedure, etc, based on the principles of the theory. Outcomes may be reported, but with less emphasis.

I. Title

- States that the manuscript is a clinical commentary-current concept review.
- Maximum length = 150 characters (including punctuation and spaces)

II. Abstract

- Word limit = 300 words or fewer
- Structure: Background and Purpose, Description of Topic with Related Evidence, Outcome measures if appropriate, Discussion/Relation to Clinical Practice

III. Body of Manuscript

A. Background and Purpose

- Discuss thoroughly the theory, concept, or thought process to be demonstrated, citing the major references related to the theory.
- Discuss how you believe the theory, concept or thought process could be applied to physical therapist practice, citing supporting literature; may relate to how the theory, concept or thought process could be applied to an evaluation or intervention approach.
- End with a purpose statement that clearly indicates that the focus of the clinical commentary or current concept review is to demonstrate how the theory was applied to some aspect of physical therapist practice (eg, "The purpose of this clinical commentary is to demonstrate how [name of theory] was used to develop an intervention approach for ...").

B. Description of topic with related evidence

- Describe the topic (evaluation, intervention, or both) in detail. Details of how the approach was developed should be in the context of the theory being demonstrated. Descriptions of the approach should provide enough detail that readers can replicate them.
- May use tables, figures, and appendixes to enhance the detailed description.
- Provide the parameters of the approach (ie, intensity, frequency, and duration) and rules for progression.

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C. Outcome

If not already in the examination section, provide operational definitions of the outcome measures and their purpose, and cite evidence for reliability and validity. Priority is given to validated outcome measures. If reliability and validity have not been estimated for a measure, acknowledge this, and make presumptive arguments that the measurements would be reasonably reliable and valid for the purpose of the case.

D. Discussion

Reflect back on how the approach adequately demonstrates the application of the theory to practice. The key points of development and application of the approach should be tied back to the original theory or existing evidence. Discuss whether the outcomes might suggest that the theory was successfully applied.

Refer to previous literature to explain how it relates to application of this theory to practice as presented in the case.

Offer suggestions for further research.

IV. References

Use references as appropriate to provide evidence.

V. Tables and Figures

Tables and figures are used to supplement the material presented in the manuscript

